LifeLines for September 26, 2022

Today's Scripture: 1 Verse

Psalm 103:2

Bless the Lord, O my soul, and do not forget all His benefits -

WHY WE'RE HERE

2 Timothy 3:16-17, All scripture is inspired by God & is useful for teaching, for reproof, for correction, & for training in righteousness, so that everyone who belongs to God may be proficient, equipped for every good work.

CONTEXT

This is a psalm of David. He's actually speaking to himself, commanding his inner being to praise God & remember! Six times in this psalm, David tells his soul to "bless the Lord." David is cautious not to be thankless or casual about everything God has done for Him. (Can we say the same thing?) He credits the Lord with forgiveness of his sins, healing of diseases & more.

DIFFERENT VERSIONS

MSG

O my soul, bless God. From head to toe, I'll bless His holy name! O my soul, bless God, don't forget a single blessing!

NIV

Praise the Lord, my soul, and forget not all His benefits.

NLT

Let all that I am praise the Lord; may I never forget the good things He does for me.

AMP

Bless and affectionately praise the Lord, O my soul, and do not forget any of His benefits.

Good News Translation

Praise the Lord, my soul, and do not forget how kind He is.

New International Reader's Version

I will praise the Lord. I won't forget anything He does for me.

New Century Version

My whole being, praise the Lord and do not forget all His kindnesses.

SELAH

BREAKING DOWN THE VERSE

Bless the Lord...Offer humble adoration, praise, exalt, worship, & surrender with thanksgiving. Unbelievers & constant sinners display ingratitude toward God. Believers rejoice in the new life of faith & show gratitude for salvation. God deserves our praise.

O my soul...To bless the Lord is also to delight in Him with our whole being, with all that is within us – our spirit, soul & body. Our spirit communicates with His Spirit, the Holy Spirit, who entered us when we believed in & accepted Christ as our Savior. What are ways we bless Him with our body?

Our soul, as we've discussed before, is made up of our mind, will & emotions. What are ways we bless Him with our mind (intellect, thought processes)? With our will (intentions, desires)? With our emotions (the fullness of our grateful heart)?

How are humility, reverence, obedience & commitment expressed by the soul?

And do not forget all His benefits...Have you ever thought of God as having a "Benefit Package"? Benefits suggest going beyond the basics. God's benefits are gracious, divine dealings. We know how graciously God dealt

with David. How graciously has He dealt with us? The Holy Spirit directs us in knowledge & wisdom. God forgives us, redeems us, & offers mercy, salvation & new life.

"Forget not" could be stated, "Beware lest you forget." The original Hebrew word for forget means "not to lose memory or remembrance of." It can also mean "don't ignore" or "cease to care about." Where in some sanctuaries do we see a reminder "not to forget"?

SELAH

RELATED VERSES

Deuteronomy 4:9, But take care and watch yourselves closely, so as neither to forget the things that your eyes have seen not to let them slip from your mind all the days of your life; make them known to your children and your children's children -

Judges 2:13-14a, They (the Israelites) abandoned the Lord, and worshiped Ba'al and the Astartes. So the anger of the Lord was kindled against Israel, and He gave them over to plunderers...

Psalm 34:1, I will bless the Lord at all times; His praise shall continually be in my mouth.

Psalm 34:10b, But those who seek the Lord lack no good thing.

Psalm 34:18, The Lord is near to the brokenhearted, and saves the crushed in spirit.

Psalm 34:22, The Lord redeems the life of His servants; none of those who take refuge in Him will be condemned.

Psalm 63:3, Because Your steadfast love is better than life, my lips will praise You.

Psalm 91:14-16, Those who love Me, I will deliver; I will protect those who know My name. When they call to Me, I will answer them; I will be with

them in trouble, I will rescue them and honor them. With long life I will satisfy them, and show them My salvation.

Psalm 97:10, The Lord loves those who hate evil; He guards the lives of His faithful; He rescues them from the hand of the wicked.

Psalm 103:3, Who forgives all your iniquity, who heals all your diseases,

Psalm 103:4, Who redeems your life from the pit, who crowns you with steadfast love and mercy,

Psalm 103:5, Who satisfies you with good as long as you live so that your youth is renewed like the eagle's.

Psalm 103:6, The Lord works vindication and justice for all who are oppressed.

Psalm 103:8, The Lord is merciful and gracious, slow to anger and abounding in steadfast love.

Psalm 103:9, He will not always accuse, nor will He keep His anger forever.

Psalm 103:10, He does not deal with us according to our sins, nor repay us according to our iniquities.

Psalm 103:12, As far as the east is from the west, so far He removes our transgressions from us.

Psalm 105:5, Remember the wonderful works He has done, His miracles, and the judgments He uttered,

Psalm 116:12, What shall I return to the Lord for all His bounty to me?

Proverbs 16:3, Commit your work to the Lord, and your plans will be established.

Isaiah 26:3-4, Those of steadfast mind you keep in peace – in peace because they trust in you. Trust in the Lord forever, for in the Lord God you have an everlasting rock.

Isaiah 43:25, I, I am He who blots out your transgressions for My own sake, and I will not remember your sins.

Luke 22:19, Then He took a loaf of bread, and when He had given thanks, He broke it and gave it to them, saying, "This is My body, which is given for you. Do this in remembrance of Me."

John 14:16, And I will ask the Father, and He will give you *another* Advocate, to be with you forever. (Italics added.)

Romans 8:26-27, Likewise the Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words, And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.

Colossians 1:13-14, He has rescued us from the power of darkness and transferred us into the kingdom of His beloved Son, in whom we have redemption, the forgiveness of sins.

SUMMARY – How would you summarize this lesson?

Let this verse be a **LifeLine** for you! Let's Continue Learning More!

SCRIPTURE <u>IS</u> OUR –

LifeLine!

References: sjvlaydivision.org; biblia.com; bibleref.com; dailyverse.knowing-jesus.com; gotquestions.org; biblehub.com; biblestudytools.com; openbible.info;